

Find a Dental Provider

MetLife

With MetLife Dental insurance, you can choose from thousands of general dentists and specialists nationwide. You can find the names, addresses, languages spoken and phone numbers of participating dentists by searching our online **Find a Dentist** directory.

Step 1: Go to www.metlife.com/dental

Step 2: Select Find a Dentist

Enter your ZIP Code and select your network.

Find a Dentist

Don't know your network?

[Advanced Search](#)

Step 3: Advanced Search

Use the Advanced Search option to locate a dentist by name, language spoken, specialty or gender.

More Search Options

<p>Dentist Last Name: <input style="width: 100%;" type="text"/></p> <p>Language Spoken in Office: <input style="width: 100%;" type="text" value="Select a Language"/></p> <p>Specialty: <input style="width: 100%;" type="text" value="All"/></p> <p>Have Special Needs? <input type="checkbox"/> </p>	<p>Dental Practice Name: <input style="width: 100%;" type="text"/></p> <p>Gender: <input style="width: 100%;" type="text" value="No Preference"/></p> <p>Sort By: <input style="width: 100%;" type="text" value="Distance"/></p> <p>Only show office accepting new patients? <input checked="" type="checkbox"/></p>
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Like most group benefit programs, benefit programs offered by MetLife and its affiliates contain certain exclusions, exceptions, waiting periods, reductions, limitations and terms for keeping them in force. Please contact MetLife or your plan administrator for complete details.